

## The “Fabulous Five!”

*Your child is likely to be three times as successful.*

These five assets have the strongest correlation to academic achievement and success, in addition to resisting at-risk behaviors.

- 9 **Service to others** – Young person serves in the community one hour or more per week
- 17 **Creative activities** – Young person spends three or more hours per week in lessons or practice in music, theater or other arts.
- 18 **Youth programs** – Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in the community.
- 19 **Religious community** - Young person spends one or more hours per week in activities in a religious institution.
- 25 **Reading for pleasure** – Young person reads for pleasure three or more hours per week.

## “Second String” but very important!

*Your child is likely to be twice as successful.*

The following five assets have the next strongest correlation to academic achievement and success, in addition to resisting at-risk behaviors.

- 15 **Positive peer influence** – Young person’s best friends model responsible behavior.
- 20 **Time at home** – Young person is out with friends “with nothing special to do” two or fewer nights per week.
- 22 **School engagement** – Young person is actively engaged in learning
- 31 **Restraint**- Young person believes it is important not to be sexually active or to use alcohol or other drugs.
- 36 **Peaceful conflict resolution** – Young person seeks to resolve conflict nonviolently.